

GCCS Cafeteria News

Dear Parents/Guardians/Students

The new school year is quickly approaching and the GCCS Cafeteria ladies have been working to make the menu fun and nutritious. Our meals offer students fresh fruits and vegetables, proteins, whole grains and low-fat milk. Meals are prepared on-site daily allowing students and staff to have fresh food selections.

What is included in a Full Lunch?

A school lunch includes offering all five food components; an entrée item w/protein, a grain, vegetables, fruit selection and milk. All students must take at least one serving of fruit or vegetable daily.

Meal Prices for 2017-2018

Meals for all grades are \$3.25. The cost of the reduced lunch is \$.40. Milk is available for \$.50.

Free and Reduced Meal Application:

Grove City Christian School participates in the National School Lunch Program. Free and Reduced price meals are available to families that qualify. Applications are available at the school office, the kitchen and online. New applications are required each year. Please complete the form and return it to the GCCS Kitchen.

Sack Lunches for Field Trips

The kitchen will be happy to pack a great sack lunch for field trips with a one day advanced notice. The pricing for a packed lunch of a deli sandwich or pbj remain the same for regular pay of \$3.25, free or reduced \$.40. Please send a note or email to the kitchen or homeroom teacher at least one day before the field trip.

Extras

At times your child might like to have an extra slice of pizza, sandwich, milk... We have a form that indicates your child has your permission to purchase extras. Your child will not be allowed to purchase extras without the form signed or written permission. We also have a snack bar in the cafeteria that 4th-12th are allowed to buy from with cash only.

Extra Food Permission

I give _____ permission to purchase:

_____ An extra slice of pizza (\$1.75 per slice)

_____ Extra milk (.50 each)

_____ Extra food items (prices vary from \$.50-\$3.00).

_____ Monies from account. (Used for snack bar purchases 4th – 6th grades)

Parent Signature:

Date:

Meal Charging

GCCS will allow students to charge up to three meals. When a meal is charged, the cashier will either tell the student they need to bring money the next day or will send/email a note home for the parent. After the student has reached their three meal limit, the student will be given an alternate meal of pbj sandwich or a cheese sandwich with milk at the same charge of a regular meal. Keep track of your child's account balance through RenWeb or by calling Roma Ellis, Student Accounts at the kitchen for a balance. You may pay cash, check or credit card (\$30.00 minimum). Please take advantage of the options to prepay your student's meal accounts. Prepaid meal accounts helps the lunch lines go faster and gives the students more time to eat, relax, and play. It also gives you peace of mind of not having to worry about looking for lunch money every day or worrying that it might get lost or stolen.

Volunteering

We offer a great volunteer program that includes lunch for you and your child(ren) the day you serve and you just might get a glimpse of your sweet child as they come through the line. Our normal volunteer times are from 9:00am – 1:00pm with an option of serving once a week, once a month or whatever fits your schedule. Come have fun with us while making new friends. Parents and grandparents are welcome. Call Linda Sowers @ 614-875-3000 ext. 253 for more information.

Allergies and Special Needs

If your child has **special dietary needs**, please alert the kitchen and the school nurse of your needs. **A Special Diet and Food Allergy Form will need to be signed by your licensed physician** listing the disability; the reason the disability prevents the child from eating a regular lunch and the substitutions needed. The forms are located on line, in the main office, or call the kitchen. **These forms must be returned to Linda Sowers, Food Service Manager so the proper precautions and lunches are prepared.** ** A signed form must be returned for your child to receive substitutions of ingredients or alternate item(s) for a lunch.

Please stop in anytime to have lunch with your child. It brightens their day when you do.

If at any time you have any questions or concerns please contact Linda Sowers, Food Service Manager or Roma Ellis for student account questions.

The kitchen staff enjoys providing delicious meals for the students and staff of GCCS. Thank you for blessing us as we bless you by serving your family.

Serving in Love,

Linda Sowers
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614-875-3000 ext 253



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